

## “I wish I was a Superhero...”

“My name is Liam and I am 10. Before moving to Sonas, I lived with my Mam and my brother. My Mam’s boyfriend was really mean to all of us. He locked me in rooms and pushed me down the stairs. He used to call my Mam bad names and hurt her. I remember sounds of crying, screaming and things breaking. I used to wish I was a super hero and have magic powers so I could make him disappear. I hit him once to make him stop choking my Mam. I was scared but I felt I had to protect her.

Since we came to Sonas, I don’t have to protect her any more. I see people who talk to me about what happened and how I feel. My Mam is getting the help she needs and she is getting much happier and we are all getting on better. I am in a new school, have loads of new friends, playing sports and my coach says he thinks I am brilliant and have loads of talent.”