

# Sonas

## annual report

### 2008

*"If I had not been offered this accommodation or know that my key worker was just a phone-call away, I would have gone back to my abuser in the first week. Being in Sonas and knowing I had the support made me stronger and for the first time I was able to speak without fear." Sonas Service User*



**“I was referred to Sonas through the Rathmines refuge and I found it to be great. The keyworkers were invaluable, a great shoulder, I never felt I was totally alone. When I came here first I was very lonely and could have found it very difficult, but my keyworker really made me feel secure. The keyworkers really helped me in so many different ways, particularly in helping me get out and about and socialising again through walking clubs. They were a really great support. I’ll be sad to move on in ways and I’ll miss the keyworkers as they were great.”**

**Vera (not her real name) was in Sonas from May 2007 to March 2008.**

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## Glossary of Terms

BER	Building Energy Rating
CAS	Capital Assistance Scheme
CCTV	Closed Circuit Television
CF	Children First Guidelines
CLSS	Capital Loan and Subsidy Scheme
ERPC	Eastern Regional Planning Committee
HAPM	Housing Association Performance Management
ICSH	Irish Council for Social Housing
PPF	Putting People First Guidelines
IT	Information Technology

# Chairperson's message

In 2008 Sonas made considerable progress in developing the range and quality of the services provided to women and children subjected to gender-based violence. Initiatives such as the Blanchardstown Refuge, the service quality project and increasing our housing stock are all dependent on the support of management, staff, volunteers and funders. The Board appreciates the positive responses received from all parties to the various demands made in 2008 to allow us to continue to provide and grow our specialist services.

The downturn in the economy and proposed changes to government funding will present Sonas with new challenges in 2009 and beyond. Despite the very negative environment, the Board is fully committed to ensuring our organisation will continue to meet the particular needs of our service users in order that they may rebuild their lives. We are confident that with the support of the management, staff and key partners, we have the ability to adapt to the changing environment while preserving our key principles and values, and meet the needs of our key stakeholders.

**Jackie Gilroy**  
Chairperson

**"The care and understanding of all the staff is just what women need when they have been through the experience they have. The trained staff are fantastic and always there to help, listen and understand."** Sonas Service User

## Director's message

In 2008, Sonas continued to provide specialist transitional housing services and a level of security and safety for women and children who have ongoing support needs (and security needs) after they have been through emergency services, such as refuges. The benefit of transitional housing for women and children made homeless due to domestic violence was highlighted in a 2007 HSE-commissioned study undertaken by the National University of Ireland, Galway (NUIG) into domestic violence which stated that: *transitional housing programmes may literally mean the difference between life and death.*

In our six transitional domestic violence housing services in Dublin we supported 61 women and 88 children in 2008, with referrals continuing to come from HSE teams, refuges, domestic violence services and addiction services. We are proud to report that during the year 27 women moved on into independent living, achieving a 74% success rate in escaping domestic violence and leaving homelessness behind.

In 2008 Sonas focused a great deal on developing and monitoring quality standards for our services to ensure that we are providing the best possible services for the women and children in Sonas. This 'performance management' objective is a priority in our Sonas Strategy 2008 – 2010 which was adopted by the Board in early 2008.

As well as improving our existing services, we continue to work to address the gaps in service provision for women and children who are made homeless due to domestic violence. We have a further 23 units in development, comprising the women's refuge in Blanchardstown under construction (8 units) and another 15 unit supported housing service about to come on stream in the Dún Laoghaire Rathdown area.

We invested in our housing stock and housing complexes in 2008. The older properties received attention including thermal insulation upgrades, some new kitchens and boilers, external painting programmes and roof maintenance works. High quality CCTV and security lighting was installed in three of our complexes (thanks to some individual donors and the wonderful efforts of our fundraisers).

As a small niche provider we see the value of working closely with our friends and partners in other housing and homeless services and in sister domestic violence services. This creates opportunities for new services and for learning from each other. I would like personally to thank these individuals and organisations for their support and a special thanks to the staff in Sonas and the voluntary Board members.

**Sharon Cosgrove**  
Chief Executive





Sonas offers a confidential support service on a Monday-to-Friday 9am-to-5pm basis to the women and children in its service. The support is women-centred and is based on a keyworker system.

# Section

**1:**

**Overview of Sonas**

# Overview of Sonas

Sonas Housing Association was established in 1992. It offers mainly supported transitional housing (usually a two-year tenancy arrangement) and a small number of permanent housing units to women and children made homeless because of gender-based violence. The Sonas mission statement is:

**To provide good quality safe accommodation for women and their children made homeless primarily by gender-based violence, and to provide a holistic support service to empower women and children to regain control over all aspects of their lives. Furthermore to influence housing and social policy and decision making as it relates to women and their children out of home due to gender based violence.**

Sonas Housing Association is a niche housing provider as it is the only one of its kind in the Dublin area that provides housing and homeless services specifically to women and children who are affected by gender-based violence. It offers transitional housing rather than more permanent accommodation, as studies<sup>1</sup> have shown that this transition can benefit women and children who have suffered domestic violence.

Transitional housing can provide appropriate specialist services and a level of security and safety for women and children who have ongoing support needs (and security needs) after they have been through emergency services, such as refuges. This period of support and security can help women and children build their lives, their skills and their independence to enable them to begin to live independently of the violent partner.

The benefit of transitional housing for women and children made homeless due to domestic violence was highlighted in a recent HSE-commissioned NUIG study:

*The critical value of the [transitional housing] service was highlighted by many women who spoke of having few alternatives to the TSH programs, believing they would have either returned to their assailants against their own wishes or been homeless had the programme not been available to them. It was explained that for some women, the transitional supported housing programmes may literally mean the difference between life and death.<sup>2</sup>*

Sonas is an essential niche housing and homelessness provider in the sector given that it helps to meet a strategic objective in the national homelessness strategy, *The Way Home*. This strategy states that 'there is a great need for appropriate responses to people made newly homeless due to family violence'. Sonas' focus is entirely on providing appropriate responses for women and children who are homeless due to gender based violence.

Our strengths and specialisms as a homeless provider include:

- A specific focus on domestic violence with specially developed programmes and services for women and children who have been made homeless
- Experience in all levels of service development and delivery – emergency (refuge) development, transitional housing services and long term housing with support
- Development expertise and an ongoing development programme (using Capital Assistance Scheme and Capital Loan and Subsidy Scheme funding)
- Housing management expertise and in-house skilled housing staff
- Experience of working in partnership and consortium arrangements.

1. Allen, Bybee and Sullivan, 2004; Melvin, Sullivan and Cain, 2003; Mullins, 1994; Perry & Zorza, 1999

2. Kearns, N., Coen, L., and Canavan, J.: Domestic Violence in Ireland: An Overview, NUIG, Feb 08



## Board

The Sonas board meets monthly. The members in 2008 were:

**Helen Mortimer** (*chairperson up until 1st July 2008*)

**Jackie Gilroy** (*chairperson from 1st July 2008*)

**Siobhan Fearon**

**Patricia Cleary**

**Gearóidín Charlton**

**Rachel Mullen**

**Yvonne Mc Kenna** (*joined February 2008*)

**Natasha Bailey**

**Elva Farrell** (*staff member resigned in August 08*)

The Board has worked closely with change management and strategic planning consultants and has annual review sessions with an independent consultant. This work focuses on the role of the board, strategic direction and good governance.

## Staff list 2008

**Sharon Cosgrove** CEO

**Maureen Taylor** Housing Officer

**Paula McGovern** Policy and Communications Officer (joined November 08)

**Michelle Kiernan** Services Project Leader

**Emeline Le Prince** Services Project Leader (joined September 08)

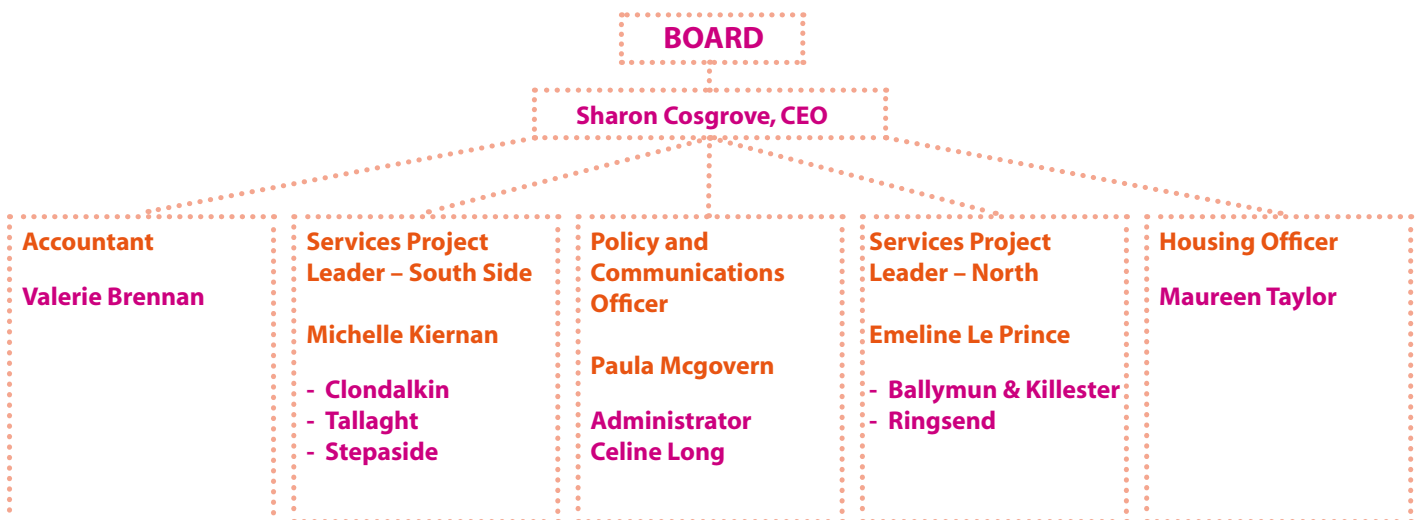
**Valerie Noonan** Financial Administrator (left February 09)

**Celine Long** Administrator (joined April 08)

**Six Women's Support Workers (WSW)**

**Three Children's Support Workers (CSW)**

## Staffing Structure as at June 09





Sonas Housing Association has a housing stock of 65 units in Dublin, with a further 12 units in management by the Sonas Housing Partnership

# Section

## 2:

Overview of work in 2008

# 2.1 Strategic priority 1: Housing Development, Provision and Maintenance

**Objective: To provide good quality, safe, accommodation for women and children out of home primarily because of gender-based violence**

Housing management in Sonas is provided in the context of a gender-based violence homeless service. Safety and security is paramount in all our complexes and a great deal of work with service users focuses on risk assessment and safety planning throughout all stages of their tenancy and as they move on into mainstream housing.

Sonas adheres to best practice in relation to housing management. Housing policies are in place to ensure that we have an appropriate rent structure, maintenance and repair programmes as well as estate management and anti-social behaviour policies and procedures. Sonas maintains an internal housing management performance system (Chics) and participates in the Irish Council for Social Housing data collation and Homeless Agency returns.

Sonas Housing Association has a housing stock of 65 units in Dublin, with a further 12 units in management by the Sonas Housing Partnership. There are five transitional housing services and one long-term supported housing service. The breakdown of the Sonas Housing Association units in these services is set out in Table 1 below.

Of these units, 45 are supported transitional and 20 are permanent.

**Table 1 Profile of Sonas Housing Stock**

Area	Transitional	Permanent	Total
<b>Clondalkin Complex Total</b>	<b>10</b>		<b>10</b>
2 bed apartments	3		3
3 bed apartments	1		1
2 bed houses	3		3
3 bed houses	3		3
<b>Killester Complex Total</b>	<b>15</b>	<b>10</b>	<b>25</b>
1 bed houses	4	2	6
2 bed houses	4	5	9
3 bed houses	7	3	10
<b>Ringsend Complex Total</b>	<b>10</b>	-	<b>10</b>
1 bed apartments	1	-	
2 bed apartments	1	-	
3 bed apartments	1	-	
2 bed houses	5	-	
4 bed houses	2	-	
<b>Ballymun Complex Total</b>	<b>4</b>	<b>2</b>	<b>6</b>
1 bed apartments	2	-	
2 bed apartments	1	1	
3 bed houses	1	1	
<b>Fortunestown Complex Total</b>	<b>6</b>	<b>4</b>	<b>10</b>
2 bed apartments	4	2	
2 bed houses	1	1	
3 bed houses	1	1	
<b>Ranelagh Complex Total</b>	-	<b>4</b>	<b>4</b>
1 bed apartments	-	2	2
2 bed apartments	-	2	2
Overall units of housing	45	20	65

**88% of women who suffer from Domestic Violence do not leave because they have nowhere to go**



**What are you doing to change this?**

## Housing & Estate Management developments in 2008

### Blanchardstown refuge

- Sonas led the construction of the Blanchardstown refuge which began in February 2008
- The development progressed well throughout the year
- Sonas is a member of the Blanchardstown refuge management board and works on developing policies for the service
- Sonas manages the construction phase, including the draw down of funds for the development.

### Housing and Estate Management Policies

New policies were developed and put in place in 2008. These policies were formulated through consultation with Sonas tenants:

- Rent Setting Policy April 2008
- Succession Policy for permanent tenants July 2008 (with one successful application made in 2008)

### Emergency out-of-office repair system

An out-of-hours emergency call centre system was put in place in 2008. This has no cost to Sonas with the contractor bearing the call centre charge. All tenants were notified of new system and were supplied with emergency contact information in the form of a fridge magnet.

### Building Energy Ratings Certificates (BER Certs)

In 2008 the Housing Officer prepared for the introduction of BER Certificates. From January 1st 2009 all units to be relet are assessed and BER certificates put in place with copies provided at sign up to all new tenants.

### Maintenance Programmes

Day-to-day, cyclical and planned programmes are in place on a year-on-year basis. A stock condition assessment is needed to plan for long-term planned and preventative maintenance programme and to allow for long-term budgeting. This will happen in 2009, subject to funding.

### Approved Contractors

We maintain a list of approved contractors on our housing management IT system with up-to-date tax clearance information and public liability insurance.

### Services in development

The current Sonas development programme consists of the following:

- In the coming months Sonas will complete the construction of the Blanchardstown Refuge including eight self-contained units and a communal area. Estimated date of completion is October 2009
- Sonas will acquire 15 units in Parkview, Stepside, in the Dún Laoghaire Rathdown Area, and will provide a localised supported housing service for women and children who are homeless due to gender-based violence (CAS funding of €3.6m was approved in February 2009)
- In a consortium arrangement with two other housing associations, Cluid and Hail Housing, Sonas is being supported by Dublin City Council to apply for CAS funding for a further 15 units in a Part V development in North Dublin.

## 2.2 Strategic priority 2: Support Services for Women and their Children

**Objective: To provide the supports necessary for women and their children to equip them with the skills to be able to live independent lives**

Sonas offers a confidential support service on a Monday to Friday 9am-5pm basis to the women and children in its service. The support is women-centred and is based on a keyworker system. Each tenant is allocated a Women's Support Worker as soon as she is offered accommodation with Sonas and an individual support plan is devised.

Each service user with children (physically with her or not) is also allocated a Children Support Worker. The child/ren's individual and group needs are assessed by the Children Support Worker in consultation with the women and the children, and the appropriate supports are put in place to meet this need. The support workers are the main point of contact for women and children in the Sonas services.

### Demand for Sonas Services in 2008

We received 146 enquiries between January and December 2008. There were 61 applications within the same timeframe. 29 applicants were offered and accepted tenancies during 2008.

The make-up of the enquiries showed a multitude of needs. Of the 146 enquiries, 42 women or 39% had addiction needs; 34 or 32% had mental health needs and 13 or 12% had living skills needs. Of all the enquiries, 23 or 18% had two of these needs or more. This shows the multi-faceted nature of working with women made homeless due to gender-based violence.

Almost one quarter of our referrals (24%) came from general community service groups while just over one fifth (21%) came from women's refuges and 11% came from addiction services. Table 3 shows the breakdown of referrals.

**Table 2: Breakdown of referrals in 2008**

Referral agent types	Number
Community services (including community care social work teams, community welfare office and advice, disability, aftercare, family support and settlement services)	35 (24%)
Women's Refuges	31 (21%)
Addiction services	16 (11%)
Self-referrals	11 (7.5%)
Domestic violence services	10 (7%)
Local authority	10 (7%)
Health referrals – hospitals/primary care	7 (5%)
Mental health services	6 (4%)
Probation services	6 (4%)
Transitional housing services	6 (4%)
Family/Friends	4 (2.7%)
Traveller support services	3 (2%)
Individual therapist	1 (.01%)
<b>Total</b>	<b>146</b>

### Sonas throughput in 2008

In 2008, 61 women and 88 children used the Sonas transitional support service (excluding permanent tenants and their children).

Of the 27 who moved on from the Sonas service in 2008, 74% moved on to independent living. Table 3 shows where the tenants moved on to, with the majority going to long-term or permanent housing.

**Table 3: Tenant move-ons**

Type of tenant move-ons	Number
Local authority housing (10 to DCC; 3 to SDCC)	13 (48%)
General needs housing association (long-term supported housing)	2 (7%)
Deceased	1 (4%)
Private rented	4 (15%)
Family of origin home	1 (4%)
Returned to live with partner	1(4%)
Other homeless accommodation	2 (7%)
Unknown	4 (15%)
<b>Total</b>	<b>27 (100%)</b>

### Quality standards in the support service

Sonas adheres to the Homeless Agency's Putting People First (PPF) guidelines as well as the Children's First (CF) guidelines. Sonas is currently in the process of putting in place a best-practice performance management system, which will ensure easy reporting of PPF and CF indicators. Sonas is currently examining the best practice management information systems available in Ireland and the UK with the aim of implementing a system by September 2009.

Sonas also uses the Homeless Agency Link IT system. Once a woman gives her consent, any relevant information is inputted into this system.

### Survey of 2008 service users

As part of improving quality standards in the service, a service user feedback survey was conducted in January 2009. The results were very positive and showed that women in the service were very happy with the Sonas services.

The survey shows that because of the Sonas service:

- 92% of women in Sonas service know more ways to plan for their own safety

- 96% are more hopeful about the future
- 100% can do more things on their own
- 100% thought the support service aims of empowerment and treating women with respect and dignity were achieved
- 96% would recommend the service to a friend in a similar situation

A service user feedback survey will be carried out periodically to ensure the service continually responds to the needs of women. Service user exit interviews will also be carried out towards the end of 2009.

### Care and Case management and Sonas participation in 2008

In November 2008, Sonas successfully replied to the Homeless Agency invitation to participate in the implementation of Phase 2 in the Care and Case Management. As a result one Women's Support Worker and one Children Support Worker were nominated to attend a course for Care and Case Managers in Dublin City University and to be part of the pilot. This began in March 2009.



## 2.3 Strategic priority 3: Influencing Policy and Building Strategic Alliances

**Objective: To influence housing and social policy decision making as it relates to women and children out of home primarily because of violence, all policy work must have at its core experiences of tenants and their children.**

As well as providing housing for women and children who are homeless due to gender-based violence, Sonas aims to influence housing, social policy and decision-making as it relates to women and their children out of home due to gender-based violence.

In 2008 Sonas actively participated in a number of policy-influencing fora including:

- Eastern Regional Planning Committee on Violence against Women and the housing sub-group
- Homeless Network
- Homeless Consultative Forum
- Irish Council for Social Housing
- Homeless Area Fora
- Transitional Housing Providers Network
- Care and Case Management Families Sub-Group
- Safe Ireland
- Daphne Dignity project – Sonas is a partner in this EU project led by the Dublin Employment Pact which looks at the needs of trafficked women

Sonas has also built good relations with related organisations and agencies such as Women's Aid, the Immigrant Council of Ireland, Hail Housing Association, Cluid Housing, Sophia Housing Association, Tai Hafan in Wales (a supported housing organisation working with women who have been subjected to gender-based violence), Women's Aid in Northern Ireland as well as women's refuges and support services nationwide.

The main policy outputs in 2008 were:

- Submission to Cosc on the national Domestic Violence strategy
- Essay on Homelessness and Domestic Violence in *Perspectives*, the Homeless Agency publication

- Postcard sent out to policymakers to highlight the link between domestic violence and homelessness, as part of the 16 Days campaign
- Approval and financial support to undertake a feasibility study for a refuge in the Dún Laoghaire Rathdown area and which also looks at developing a national refuge bedspace standard and a governance document on refuges.

### Communications

In 2008 Sonas:

- Produced a high-quality DVD that will be used to promote the work of Sonas and fundraise for the organisation in 2009
- Published the 'Children's Model of Work', a high-quality publication detailing the work Sonas does with children made homeless due to domestic violence
- Built up relations with journalists in the last quarter of 2008
- Participated in the 16 Day Campaign, an international campaign that highlights domestic violence throughout the world, through sending out a postcard aimed at policymakers.



## 2.3 Strategic priority 4: Organisational Development

**Objective: Ensure that the people, structures, procedures and policies of the organisation are adequate to deliver the objects of the company and the strategic plan**

### Organisational development

In the last two years the change management process in Sonas has resulted in a significant number of organisational changes. These have resulted in efficiencies and a stronger focus on quality and performance management in relation to our services.

- A flat management structure was created and the post of Services Manager removed. The Management Team is now made up of two area Project Leaders, a specialist Housing Officer and a Policy and Communications Officer, all reporting directly to the Chief Executive. The Management Team has overall responsibility for operationalising the strategic plan,
- Management team development training was put in place to strengthen the management capacity of the organisation. This means that Sonas can better respond to the needs of the service users, the funders and the Board,
- Training for support staff in the last two years has focused on developing advanced skills for support staff that are needed to meet the changing needs of service users. This training has focused on 'Motivational Interviewing', 'Protective Behaviours', 'Respect and Dignity' and 'Advanced Communications Skills'.
- Communications materials have been developed and improved for service users and for staff. A Staff Handbook was produced following consultation with staff and the input of a HR advisor. In addition the first Sonas tenants newsletter was published which is prepared twice a year.
- The Admin Project Leader post was replaced by the post of Policy and Communications Officer, with the post filled by early November 2008. This officer leads on strengthening the empowerment model and implementing a performance management and internal quality systems.

### Internal communications

- In 2008 a new IT and server system was put in place which will allow a secure internal IT network
- A Sonas staff handbook was redeveloped
- Record keeping and file management systems were appraised
- Sonas central office found new premises which we moved into in Jan 2009
- Sonas website was updated with the plan to redevelop in early 2009 (which has been met).

### The board and best practice governance

Having contributed over eight years to the Sonas Board, Helen Mortimer stepped down as Chairperson at the 2008 AGM and was replaced by Jackie Gilroy who joined the Board in 2007. Helen continued on the Board until 2009 which allowed Sonas to continue to avail of her vast experience and provided for a smooth transition. The principle of Board rotation and renewal was also reflected in the resignation of Elva Farrell, a staff member, and the appointment of Yvonne McKenna who has considerable experience of the voluntary sector as the CEO of Volunteer Centres Ireland.

The Board is committed to ensuring that the organisation is effective and accountable for the services provided, and recognises that good governance is a key enabler to meet our objectives. In 2008 the Board continued to work to ensure that it is focusing on the right things, including the agreement of a new three-year strategic plan. The Board has formally adopted the key principles of good governance and is taking action in all aspects of its work to achieve and adhere to best practices appropriate for Sonas.

## Sonas housing partnership (SHP)

The work with the original three partners in Mayo, Dundalk and Meath is ongoing. Two biannual meetings were held in 2008.

The expected second phase of the partnership was postponed in 2008 due to lack of resources. A brief evaluation was undertaken which looked at the partnership process and the role of Sonas.

Given the difficulties and lack of resources, the Board agreed to carry out a brief review of the SHP in 2009.

## Fundraising programme in 2008

The Fundraising Committee, chaired by Gearóidín Charlton (Board member), successfully organised a number of fundraising events during 2008.

The committee rolled out the Sonas fundraising model of 'Have a Do for Sonas' whereby supporters were invited to have a 'do' in their home, school, community, club, etc. to raise funds for the organisation. At each event it is hoped that a guest would volunteer to have a do themselves thereby raising awareness, funds and widening the fundraising audience.

The committee has also successfully established some annual events such as a bus trip for Christmas shopping, busking, and the sale of Christmas angels kindly donated by and sold in Tierney's Gift shops.

The fundraising committee through their work raised monies in excess of €5,000 in the period.

The Board allocated fundraising income from 2007 and 2008 to various projects in Sonas. The majority of the money was spent on upgrading security systems and measures in three housing complexes – Ringsend, Killester and Clondalkin.

The improved security measures include high-quality CCTV systems and improved lighting around the complexes. This means that women and children have improved safety and security systems where they live. These physical improvements, together with a good working relationship between Sonas staff and the local Garda Síochána mean we consequently experienced fewer security problems and less anti-social behaviour on the complexes in 2008.



# Section

# 3:

**Sonas into 2009**

# Sonas into 2009

Unfortunately gender-based violence is something that is still prevalent within society. Between 1996 and 2008 146 women were murdered in Ireland. Of the 107 resolved cases, 50% were murdered by a partner or ex-partner. While this percentage is so high, the need for a service like Sonas is equally high. The fact remains that 88% of women who suffer domestic abuse do not leave because they have nowhere to go. Sonas exists so that there are accommodation options for women who are in serious danger in the one place they should feel safe – their home. Sonas works by providing a safe environment for women and children. The Sonas support service aims to ensure that women who use the Sonas service become empowered and independent.

In 2009 the focus will be on strengthening the empowerment approaches and developing good quality standards for the service. Sonas is working closely with experts in the domestic violence supports

field to ensure it provides a high quality gender-based violence housing support service.

Also in 2009 Sonas will extend its range of services and is currently working with women who have been victims of trafficking. Sonas is part of the Dignity project, which is an EU Daphne funded project, which aims to identify and replicate best-practice inter-agency models for female victims of trafficking for sexual exploitation (including accommodation, health, legal, policing, etc.)

The 2008 Homeless Agency submission to Government outlined a number of changes that will apply to organisations working with homeless people in the coming months and years. Sonas is confident that it can work with the Homeless Agency in providing a best practice service to its service users – women and children who are affected by gender-based violence.

**“ I feel Sonas is a great organisation and I truly feel safe and secure living here, all the staff are excellent, I couldn't ask for more, ” Sonas Service User**



# Accounts

2008

# Accounts

## Statement of Financial Activities for the year ended 31 December 2008

### Income and Expenditure

Incoming Resources	Restricted Funds 2008 €	Designated Funds 2008 €	Unrestricted Funds 2008 €	Total Funds 2008 €	Total Funds 2007 €
Corporation & Grant Funding	1,093,069	-	-	1,093,069	1,119,265
Rental Income	87,969	58,647	-	146,616	128,791
Donations & Fundraising	-	22,114	-	22,114	61,872
Amortisation of grant income			162,977	162,977	151,812
<b>Total Incoming Resources</b>	<b>1,181,038</b>	<b>80,761</b>	<b>162,977</b>	<b>1,424,776</b>	<b>1,461,740</b>
<b>Resources Expended</b>					
Crisis Intervention & Provision of Support Services	(1,092,113)	(35,367)	-	(1,127,480)	(1,178,903)
Depreciation	-	-	(169,784)	(169,784)	(157,958)
Legal, Professional & Administration	(94,448)	-	-	(94,448)	(110,168)
<b>Total Resources Expended</b>	<b>(1,186,561)</b>	<b>(35,367)</b>	<b>(169,784)</b>	<b>(1,391,712)</b>	<b>(1,447,029)</b>
<b>Net Movements in Funds</b>	<b>(5,523)</b>	<b>45,394)</b>	<b>(6,807)</b>	<b>33,064</b>	<b>14,711</b>
Provision for sinking fund	-	(58,647)	-	(58,647)	(32,819)
<b>Deficit on ordinary activities before interest</b>	<b>(5,523)</b>	<b>(13,253)</b>	<b>(6,807)</b>	<b>(25,583)</b>	<b>(18,108)</b>
Interest receivable and similar income	-	-	21,459	21,459	12,198
<b>Surplus/(Deficit) for the year</b>	<b>(5,523)</b>	<b>(13,253)</b>	<b>14,652</b>	<b>(4,124)</b>	<b>(5,910)</b>
<b>Surplus/(Deficit) retained for the year</b>	<b>(5,523)</b>	<b>(13,253)</b>	<b>14,652</b>	<b>(4,124)</b>	<b>(5,910)</b>

There are no recognised gains or losses other than the surplus or deficit for the above two financial years.

The financial statements were approved by the Board of Directors on 26/05/09 and signed on its behalf by:

Director: Jackie Gilroy    Director: Yvonne McKenna

# Accounts

## A Company Limited by Guarantee and not having a Share Capital

### Balance Sheet as at 31 December 2008

	2008	2007
	€	€
<b>Fixed Assets</b>	8,157,553	6,466,274
<b>Current Assets</b>		
Debtors	70,292	10,341
Cash at bank and in hand	577,955	532,532
	648,247	542,873
<b>Creditors: amounts falling due within one year</b>	(443,284)	(175,081)
<b>Net Current Assets</b>	204,963	367,792
<b>Total Assets Less Current Liabilities</b>	8,362,516	6,834,066
<b>Restricted Government Grants</b>	(8,050,333)	(6,517,759)
<b>Net Assets</b>	312,183	316,307
<b>Capital and Reserves</b>		
Accumulated Funds	312,183	316,307
<b>Funds</b>	312,183	316,307

The financial statements were approved by the Board of Directors on 26/05/09 and signed on its behalf by:  
Director: Jackie Gilroy Director: Yvonne McKenna

**"I have been treated with the greatest respect and understanding. There are no restrictions on the way I live. I am happy with the support service." Sonas Service User**



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